

My Page- exploring feelings after the flood

Resources: FEMA – www.fema.gov; American Red Cross – www.redcross.org; University of Illinois Extension – <http://web.extension.uiuc.edu/disaster/resource.html>; Purdue Extension Service - <http://www.extension.purdue.edu/cfs/topics/HD/index.htm>

History: During June 2008, Cedar Rapids, Iowa had flooding that surpassed the 500 year flood plan. This flooding affected over 1800 school age youth. One neighborhood school was closed for the following school year and several after school programs were forced to relocate. The local library was also forced to relocate. Research showed that art was one suggested way for allowing youth to express their feelings concerning this disaster. Art focused on collage, drawing, painting, and clay were suggested as appropriate medium for youth to use.

Goals of the project:

1. Provide youth with a place to constructively deal with their feelings concerning post-flood related issues using art.
2. Provide materials for after school staff to use to support flood affected youth – lesson plans and book titles
3. Share free community mental health related resources with parents of affected youth

Evaluation:

1. Before creating an art page, I felt _____
2. I used my art page kit :
daily
weekly
monthly to help me with my feelings
3. My favorite art tool to use was: collage, paint, drawing, clay
4. I liked making art pages yes kind of not really
5. I shared my art pages with _____
6. After I created an art page, I felt _____

I am in _____ grade

I am a boy _____ I am a girl _____

Splatter paint questions-

Many times artists don't know where to begin – these splatter paint questions are to help you focus on one idea to make your art about.

These are some ideas to help you start an art page:

1. When Cedar Rapids rebuilds, I wish they would add _____ to make the city more fun for kids
2. I helped my friends and family during the flood by _____
3. My favorite things are _____
4. A perfect day for me is _____
5. After the flood, what I miss most is _____
6. If the feeling angry was a color, what color would it be? What color would happy be? What color would grumpy be?
7. Things I like about my best friend
8. During the flood I saw people _____