

## Flooding Issues: Residential Housing

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## Welcome!





## **Flood Disaster in Homes**

- Preparedness
- Response
  - Safety
  - First Entry
- Recovery
- Clean up
   Mitigation





# Water Damage Resources

**Sources of portions of information:** 

North Dakota State Univ.: K. Hellevang, P.E.

### FEMA:

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http://www.floods.org/PDF/FEMA\_InitialRestoration FloodBldg.pdf

- Design Manual for Retrofitting Flood-prone Residential Structures FEMA-114
- Answers & Questions About Substantially Damaged Buildings - FEMA - 213
- Repairing Your Flooded Home FEMA 234





## Water Damage Resources

- Red Cross Repairing Your Flooded Home
  - -<u>http://www.redcross.org/www-</u> files/Documents/pdf/Preparedness/file\_cont 333\_lang0\_150.pdf

Repairing

Your Flooded Home



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513 -742-2020



# Disaster Preparedness Notebook – each county No extras left

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## **Resources Order CIT**

From Moisture and Mold to Healthy Homes - Basics for Consumers DVD249 \$9.00









#### www.extension.org

Nebraska





# First Entry of a Flooded Home

What to do:

- 1) Precautions on First Entry
- 2) Make a record of damage & losses.
- 3) To extent you are able, prevent further damage to home



Source: FEMA



- 1. Precautions on First Entry
- Shut off or have shut off
  - Gas at gas meter, tank or?
  - Electricity shut off at pole or main breaker panel or fuse box **DO NOT enter water** or stand on wet surfaces to do this!







# Inspect Structure for Safety?

- Ridge & eaves straight?
- Walls are vertical & straight?



- Building shifted on foundation, twisted, moved?
  - Water & gas lines, electrical circuits may be damaged
     May not be safe to enter.
- Consult with building contractor or engineer if damage seen





# **Inspect Electrical**

Have electrician inspect wiring

- Electrical outlets, switches, breaker or fuse boxes may need replacement
- Check electrical circuits, insulation for wetness & other water damage (electricity OFF)
- Do not turn on power to flooded structure until
  - –inspected & determined safe by a qualified person



2. Make Record of Losses & Damage For filing insurance claims & documenting losses for other purposes - tax deductions

Take photos inside & out

 Show structural damage,
 Furnishings, items of value



 Record serial numbers of appliances, equipment, etc. thrown out
 Record damage & items: Don't haul away unless record made & insurance adjustor OK to dispose University of Nebraska-Lincoln

## 3. Prevent Further Damage

If roof or walls have been damaged, temporary or permanent repairs should be arranged as soon as possible.



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- 3. Prevent Further Damage
- Remove floodwaters, mud & silt
- Open doors to allow water to exit
- Arrange to have basement pumped out slowly
  - -Only do this when certain that the earth around the building is no longer saturated!
  - -Water pressure may collapse basement walls as the basement is drained.



## **Basement Flooded**

- More than 6 in. of water — Don't be in hurry to pump it out
- Damage caused by pumping water out too soon
- Water inside basement helps Water pressure brace walls against extra pressure from exterior water & saturated soils

**Photo Source: Red Cross** 







## **Basement Flooded**

Pumped too soon - floors may push up & walls cave in



**Photo Source: ISU T. Greiner** 





## **Basement Flooded**

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- Don't pump until water around house recedes
- Pump out about 1/3 of water each day
  - Empty well away from house



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Photo Source: ISU



## **Basement Flooded**

- Use gas powered pump or one connected to outside line, not the house electrical system
- While pumping out dirty water, wash off walls with clean water & remove mud while it is wet

Source:

http://www.ag.ndsu.edu/flood/pdfs/FLOODING\_000 .pdf



# Allow building to dry out

- Reduce or prevent mold growth
  - -Done quickly, usually in 48 hrs. or less????

## Wood floors:

-Remove a board every few feet to reduce warping, buckle



- -Some warped wood flooring is repairable
- -Plywood/particle board usually separates (de-laminates) from excessive moisture.



# Clean Water vs. Contaminated?

Open up wall cavities if walls were/are wet



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# Allow building to dry out

- In high moisture conditions:
  - Heat source or some type of mechanical drying equipment will be needed
- Remove mud & silt
- Secure building when not present
- Portable valuables removed to a secure location



# Heirlooms & Items of Special Value

- Specific treatments & procedures
- Contact local/area museums or search the Web sites provided below
  - American Institute for Conservation of Historic & Artistic Works

http://www.conservation-us.org/index.cfm? fuseaction=Page.viewPage&pageId=597

Caring for Water-Damaged Family Heirlooms & Other Valuables Salvaging Water-Damaged Textiles Saving Photographs After Flood

## Salvage Valuable Items First

Important documents & family treasures.



- Clean off mud & allow items to dry in shade or indoors another location
- Paper records spread out & air-dried
  - Preferably on blotting paper
  - Frozen in plastic bag?



# Salvage Valuables First

 If photos & books cannot be immediately dried, clean off mud, place in plastic bags in someone's freezer

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- Separate items foil, plastic wrap or slick surface between layers
- These items can be frozen & dried later









## **Reducing Losses**

Rapid response

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- -Microbiological, structural, health issues
- Excess water removal





## Loss Assessment & Evaluation

- Materials affected, degree & quantity affected, available ventilation & etc.
- Water migration: Water moves....
  - Lateral
  - —Gravity
  - -Wicking
  - Intrusion

#### Can materials be decontaminated or must be discarded

— Porosity, degree of contamination, occupant health, feasibility of cleaning & disinfecting University of Nebraska–Lincoln





## **Evaluating Structural Components**

Structural wood

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- Subfloor
  - -OSB, particle board, plywood



#### Flooring

- Hardwood, laminate, vinyl, vinyl tile

#### Electrical



## **Evaluating Components**

#### Walls

- Plaster or wallboard
- Paneling

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- Insulation
  - Glass fiber, cellulose



- Polystyrene or closed cell rigid
- Ceilings
- Crawlspace
- HVAC





Clean, Salvage or Toss?

Know how. Know now.

- Hard non-porous materials & building components not damaged can be dried out & salvaged
  - If mold, cleaning may require more labor than item is worth
- Flood waters contaminated
  - Generally soft, porous or absorbent materials should be discarded





## **Reducing Losses**

- Rugs or other items that can be laundered or thoroughly cleaned may be salvaged
- Unless absorbent materials dried out within 48 hours, mold growth may make cleaning impossible



-Sooner if temperatures are warm





## **Categories of Water**

- Clean Water Category 1
  - -Broken water pipes, rainwater direct entry, etc
- Gray Water Category 2
  - Contains contamination & microorganisms
    - Toilets with urine, sump pump, dishwashers, laundry
- Black Water Category 3 (Floods)
  - Contains pathogenic agents
    - Sewage, surface water flooding, pesticides, run off with chemicals, biologicals, bacteria, etc.





## **Clean Water Restoration**

#### Health & Safety

- Do occupants need to be relocated?
   Nature of contamination & occupants
   Children
- Water source elimination stop source
- Protect structure & contents
- Initial water removal

-Pumps, wet-vacuums, scoop, broom, etc.



## **Clean Water Restoration**

Floor coverings

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- –Dry carpet by extracting water, removing, stretching & moving air on <u>both</u> sides (time is important)
- –Use appropriate procedures to dry –
  - Air circulated around carpet







## **Clean Water Restoration**

Remove wet unsalvageable materials



- Expose all materials needing to dry
- Thoroughly dry all materials
- Use drying resources

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Heating or AC system,
 exhaust fans, windows,
 dehumidifiers, etc



# **Contaminated** Water Restoration

- Personal Protective Equipment
  - Respirator with HEPA & organic vapor cartridges
  - Rubber gloves
  - Eye protection
  - Protective clothing
  - Shoes, boots







# Protection in inspecting/repair

#### Long gloves

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- rubber, neoprene, nitrile
- **Goggles** Fit, closed
- Air Filter respirator
  - N-95 or N100 HEPA
  - Half face
  - Full face respirator with HEPA filter
- Protective clothing & shoes, boots

Photos: UNL. S Niemeyer




- Evaluation Tools
   Moisture meter materials
   4 to check out -TCD Dept.
- Hygrometer Humidity gauge or meters
  - Moisture in air
- Boroscope – Hard to get at places

Photos: UNL. S Niemeyer











## Tools



Moisture Meters Wood moisture content should be less than 15-19%

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#### **HEPA Filter Mask**

Photos: UNL. S Niemeyer





## **Moisture Meters**







## **Contaminated** Water Restoration

- Isolate contaminated area
  - Isolate HVAC system -
    - Temperorily turn off and seal ducts
  - Polyethylene enclosure
  - Negative air pressure
- Protect contents
- Remove excess water & organic material





# Use negative pressure in work area to avoid spread of mold or contaminates





## **Contaminated** Water Restoration

### Dispose

- Carpet cushion
- Absorbent stuffed fabrics
- Saturated absorbent materials
  - Ceiling tile, dry wall, paper, etc.



## **Contaminated** Water Restoration

 Discard carpet & pad saturated with Category 3
 –Flood, sewage, run off



Category 2 water - carpet contamination <u>may</u> be cleaned with hot water extraction & biocide



## Remove floor if water reached subflooring Subflooring must be cleaned, disinfected, dried or disposed of





Photos: NDSU K. Hellevang

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While possible to salvage household appliances, heaters, etc.,



- **Discard in general** 
  - Very difficult to dry & remove mud & silt from inner workings, insulation
  - Consult with appliance repair professional or manufacturer.
  - Electrician do safety check before starting items that had contact with water
    - motors, electronics, wiring etc.





# **Before Biocide - Disinfecting**Clean surfaces

- Household cleaners for materials
- Borax & water solution according to label or non-phosphate HH detergent
- May need multiple cleanings



## **Biocide – kill microorganisms**

- Must be used according to label (specific application)
  - –Label is the law
- Must be applied to <u>cleaned</u> surface
- Must have required exposure time 15 30 min.
- Must use personal protective equipment & communicate

## Biocide

## DON'T MIX !!

- Carefully follow *instructions* on label.
- Use plenty of *fresh air* when applied, & keep people out of area or structure.

## Common biocides

- Phenolic phenol appears as part of ingredients.
- Sodium hypochlorite (generally 5.25%) chlorine bleach
- Quaternary ammonium compounds
- Pine-oil
- Other: Idophors Iodine, Alcohol, Hydrogen peroxide



# **Use of Biocides**

- Biocides toxic to animals & humans
- Generally provide <u>short term</u> kill of microbe
- Organic matter interferes with some
  - Dirty surfaces bleach can get 'spent' oxidizing the organics & not get a chance to penetrate mold structure enough to kill it.





# **Disinfectant** - destroys or inhibits microorganisms

- Bleach recommended per gallon of water varies
  - Range: 1/4 cup bleach for a clean surface
    - 1 1/2 cups/gal. of water for surfaces that could not be thoroughly cleaned.
  - Remain wet for about 15 to 30 minutes to allow to work
  - For hard, non-porous, non-metallic & color-fast items after cleaned



#### Flush the air.

- After cleaning and disinfecting, air out building.
- -Use fans in windows to pull mold spores to the outdoors.



#### Dry all wet materials as quickly as possible

- Air condition or heat, run fans & use a dehumidifier, if possible.
- Some materials may wrap or delaminate (wood, etc.)
- If there is no power, keep windows open if lower humidity outside





#### **Drying Process Consist Of...** Evaporation

- Circulate air Fans
- Dehumidification

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- Open system: Ventilation



- Closed system: Mechanical dehumidifiers
- Temperature Control
  - Evaporation, dehumidification, microorganism growth - below 72° F
- Water Removal
  - Extraction units

— Pumps University of Nebraska–Lincoln



- **Structural Drying**
- Open enclosed areas
- Reduce indoor relative humidity to (less than) <40%</p>



- Ambient temperature (less than) <72 F</p>
- Circulate air across drying surfaces fans
- Drying may take several days or longer maybe months
- Monitor with moisture meters
- Monitor relative humidity



# **Drying Equipment**

- Air Moving Equipment
  - –Air movers

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- —Axial fans
- -Structural cavity drying equipment



## Wall Dryers



Photo source: NDSU , K. Hellevang







## **Commercial Dehydrator**





## Hidden

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- Pipe chases leaks, condensation
- Utility tunnels leaks, condensation



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Structural Drying Open up walls & leave open for weeks to several months until DRY.



Remove baseboard, trim work, Remove wall board, insulation

Increase air circulation





## **Open up wall cavities**





## Inside wall problems Water in interior walls: roof, blown in, structural damage?

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#### Photo: NDSU K. Hellevang





## Floors – open up?





Photo. UNL. S. Niemeyer



## Air handling ducts cleaned? http://www.epa.gov/iag/pubs/airduct.html If submerged in water



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## Strategies Long-Term Prevention

- "Any remediation attempt that does not include long-term plans to maintain systems & prevent re-occurrence is short-sighted & destined to fail." (ACGIH)
  - There is no one-time complete "cure" to microbial contamination.
  - Continued oversight part of control plan"
    - . . . (ACGIH)





## Water Damage Restoration







# **Conditions for Growth...**

- Nutrients Molds grow on organic substances
- Once living materials
  - wood, paper, carpet, wallboard, insulation etc. etc.
  - almost anywhere their is soil or films
- Moisture





# Problem Solving & Alternatives?

 Flooding or leaks? - Open up & dry cavities COMPLETELY. Use Moisture meter.



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Roof materials

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- Roof leaks
- Decking, shingles not secure?
- Underlayment?







## Basements







## **Prevention in Basements?**



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## **Regular Filters**



## **HEPA Filter**



#### Electrostatic Precipitator Air Cleaner





# Mold Management

## Assess situation:

- Extent size of area, safety
- Occupants & health priority
- Costs+
- Available professionals
- Insurance





## Seal in plastic - Discard




Know how. Know now.

# Negative air pressure vented to outside.



# Photo credits:

**EXTENSION** 

- Shirley Niemeyer, University of Nebraska
- EPA
- Tom Greiner, Iowa State University
- Ken Hellevang, North Dakota State University publication
- **FEMA**



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### Know how. Know now.

An inch of water on 1,000 square feet of roof amounts to about 623 gallons of water.





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## Know how. Know **now**.







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# Water Damage Restoration

## Institute of Inspection Cleaning &

## **Restoration Certification**

 IICRC S500 Standard & Reference Guide for Professional Water Damage Restoration Third Edition 2006





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